

## 2011-2012 Flu Season

Members with medical and/or pharmacy benefits administered by Optima Health will be covered for the 2011-2012 influenza season. According to the Centers for Disease Control and Prevention (CDC), the 2011-2012 flu vaccine will protect against three different flu viruses: H3N2 virus, influenza B virus, and the H1N1 virus.

**Optima Health members may visit the following locations to receive a flu shot\*:**

### Your doctor:

- Check with your physician to see if he or she offers the flu vaccine.
- A physician office Copayment may apply.

### Your local pharmacy:

- Members will pay a \$0.00 Copayment when receiving a flu vaccine from a **participating pharmacy** – you can visit [optimahealth.com](http://optimahealth.com) to download a list of participating pharmacies.
- We recommend that you call the pharmacy in advance to check the availability of the flu vaccine.

If you need additional assistance finding a location to receive the flu vaccine, contact Optima Health Member Services at the number on your member ID card.



*\*Optima Family Care and FAMIS members are ineligible for the 2011-2012 Optima Health pharmacy-administered Flu Vaccination Program. Please see your provider for information on receiving the flu vaccine.*